



LENT



NO MEAT ZONE!

Ash Wednesday:

Toasted Cheese with Tomato Soup

Peanut/Butter and Jelly

Boxed Salad with cheese

Carrots and Fruit

Fridays:

Cheese Pizza

Toasted Cheese/Cheese Quesadilla

Peanut/Butter and Jelly

Boxed Salad with Cheese

Veggies and Fruit



“KIND WORDS CAN BE SHORT AND EASY TO SPEAK, BUT THEIR ECHOES ARE TRULY ENDLESS”

- Mother Teresa