

ROCKY'S RUN FOR FREEDOM 5K RUN/WALK

May 26th, 2018

Events Start Promptly at 8 a.m.



Race proceeds will benefit:

- City of Miamisburg for Veterans Memorial Park
- Gold Star Families Memorial Monument at the National Museum of the United States Air Force at WPAFB
- The Uriah Edward Zanolick Trust Fund
(In memory of Cpl. Paul "Rocky" Zanolick II)

Location: Veterans Memorial Park, 35 S. Fifth Street, Miamisburg, Ohio 45342

Registration: \$20 per runner 17 and under. \$25 per runner 18 and older. Register online at www.speedy-feet.com or fill out the back of this form and mail to: Speedy Feet, 147 Hadley Ave, Dayton, Ohio 45419. **Please make checks payable to: Speedy Feet.**

Awards: Top Male and Female Civilian, Top Male and Female Active Military/Veteran, 10 and under (male and female combined), and top 3 male/female in the following age groups: 11-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60 and over. Ceremony to immediately follow run!

T-shirts: guaranteed for runners pre-registered by May 18th only

Early Packet Pick up: **Friday, May 25th from 4 p.m. to 7 p.m. in Carnegie Hall at Veterans Memorial Park**

Race Day Registration/Packet Pick up: Begins at 8:00 a.m. at Veterans Memorial Park

Race Information: Nicole Zanolick at RockysRunForFreedom@gmail.com or LIKE us on Facebook at www.facebook.com/rockysrunforfreedom

Special Add-Ons

-Purchase a flag in honor or memory of your serviceman/woman by making a \$10.00 donation. These flags will be placed along the race route near the start & finish lines and can be taken home following the race. Proceeds will benefit all race charities. Information must be received online or by mail by May 18th or can be purchased race day.

-If you have a flag that needs to be retired due to being worn, torn, faded or badly soiled, please bring your flag to the race. You may provide a brief history of the flag if desired (i.e., Where it was flown? How long? Did any memorable events happen at that site?) All flags will be turned over to the Boy Scouts of America to be retired at their next flag retirement ceremony.

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Registration Form

Name: _____

Address: _____ City: _____ State: _____ Zip: _____

Age (Day of Race): _____ Sex (please circle): Male Female

T-shirt Size: _____

Race Day Status (please circle one): Civilian Active Duty Veteran

Emergency Contact (required): _____ Phone: _____

If you wish to participate in three races that honor three military men please check here: Yes No

Would you like to purchase a flag in honor or in memory of a serviceman/woman to be placed along the race route for \$10.00? Please circle below...information must be received by May 18th:

Yes (fill in info below)

No

Name and rank of Serviceman/woman: _____

Branch of Military (please circle): Army Navy Marines Air Force Coast Guard

Why are you purchasing this flag (please circle): In Honor In Memory

Special Message (optional):

Waiver: All registrants are required to sign this waiver. In Consideration of the acceptance of my entry, I hereby waive discharge and release on my behalf of my heirs, executors, and assigns, all claims of any nature, including but not limited to damages, actions, whatsoever in any manner arising from my participation at the Rocky's Run for Freedom 5k. I agree to abide by all the rules of participation and acknowledge that Rocky's Run for Freedom has the right to refuse or return my entry at its discretion. I attest and verify that I understand the risks involved in such as run/walk and that I am physically fit and have trained adequately in preparation. I give Rocky's Run for Freedom and/or Speedy Feet the right to take my photograph during the event and use in its publicity, media, and marketing material.

Signature: _____ Date: _____

Parent's Signature (if under the age of 18): _____ Date: _____