



Registration for our 25th Season is open!

The Junior Lady Knights is a select basketball program for 2nd to 8th grade girls.

It is the mission of the Junior Lady Knights to provide an exceptional personal development experience through the game of basketball by teaching the values of hard work, accountability, team play, competitiveness, and sportsmanship.

It is our goal to develop fundamentally skilled and talented players that will become future members of the Alter High School Girls' Basketball Program.

Most importantly, we hope that after players have moved on from our organization that they will realize lifelong benefits from their experience with the Junior Lady Knights.

What about the season, practices, and games?

2nd Grade Teams will play between 10 – 16 games in a Kingdom Sports Center League and select tournaments. 3rd to 8th Grade Teams will play between 20-35 games, as appropriate for their age group, in a combination of Dayton Metro League, and/or other local leagues, as well as various local tournaments. 2nd to 6th Grade Teams will practice twice per week during the season. 7th and 8th Grade Teams will practice three times per week. Practices will begin the week of October 18th for Junior High teams and November 1st for 2nd – 6th Grade teams. Games will begin in late November to early December. The season will conclude in early March.

Players can play for both the Junior Lady Knights and their school's CYO basketball team.

How do we get started?

Registration and information about fees, coaching staff, evaluation dates and times is available at

www.juniorladyknights.org

Registrations will close September 24th! Everyone must pre-register.

When does it get started?

Player Evaluations are Scheduled as follows –

2nd, 3rd, & 4th Grade - September 26th – 5:15 – 6:15, October 2nd – 5:45 – 6:45

5th & 6th Grade - September 26th – 6:30 – 7:45, October 2nd – 7:00 – 8:15

7th & 8th Grade - September 26th – 8:00 – 9:00

Alter High School Main Gym – 940 East David Road

For more information or questions contact Rob Carruth, 513-884-6548, rob@juniorladyknights.org